

# *A Prayer for the Caregiver*

May you know the presence, the strength,  
and the love of God as you care.

Caregiving has so many challenges and  
demands.

It also has a deep knowing that caring,  
strength, and patience beyond our  
normal ability shows up when needed.

In the midst of caregiving, we acknowledge  
that we cannot do this on our own. A Source  
greater than ourselves makes us greater,  
more responsive.

This is the transformation, the sacred  
encounter we have with God and with the  
one for whom we care.

Prayer is the anchor. God, our Faithful One,  
is with us always and in all ways.

God's presence surrounds us, in quiet  
moments and in the most demanding  
circumstances.

Breathe in the love, the patience, the  
strength of God that is yours.

May gratitude fill your being for a job well  
done.

Amen.

Beth McPherson

