

Questions I Need to Ask Myself Before Requesting a Mentor



How should a mentor help me?

What ways do I want a mentor to help me?

What attributes am I looking for in a mentor? Do I need someone in the same modality of work? Someone in the same geographical location? Or am I willing to be mentored through email, phone and virtual connections (Zoom, FaceTime)?

Do I need someone in the same religious organization?

Do I need someone with the same ethnicity?

Or would a different perspective be better for me?

Do I need someone to assign tasks and deadlines? Or, am I a self-motivated person?

Do I need a mentor that will help me stick to deadlines? *Make sure you choose a mentor that is willing to do this.*

Does my mentor need to stick to deadlines? Or can I be flexible?

How long do I want a mentor to mentor me? Through the Interview process? Only to read/review application papers? Through both?

Do I want the same mentor for both?



These are some general questions to ask yourself before you reach out to a mentor. The more agreement that you have on these items before you begin the process, the more likely that the relationship will build.

Remember: The mentor does not guarantee that you will pass. Also, the Interview panel should not need to know if you have had a mentor, so it should not be brought up during interview. You can offer that information through feedback after the interview.