

2022 CONFERENCE WORKSHOPS DESCRIPTIONS AND OBJECTIVES

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Workshop/Program Level Definitions

The NACC categorizes workshops on three levels. The definitions of each level are provided below.

Beginner:	Basic information on the topic for those with little background in the area.
Intermediate:	Basic plus additional information on the topic for those with some background in the area.
Advanced:	Specialized information on the topic for those with extensive experience and/or knowledge in the area.

Registration Fee: \$75 (for registrations received by 7/1/2022)

P1 - Spiritual Practices for Challenging Times

Workshop Level: Intermediate

NACC Certification Competencies: ITP3, PIC3, PPS2, PPS6

Anne Kertz Kernion

Owner/Artist, Cards by Anne

Wexford, PA

COVID-19 changed our world in many ways, creating challenges impacting all of our lives and the lives of those we serve. This presentation will explore a few spiritual practices to support our health and well-being, and ways to share these spiritual practices with others. We will uncover the wisdom of Gratitude, the calm generated with simple Breath exercises, the restorative benefits of appreciating Nature, and the nurturing cultivated through Self-Compassion. Insights from neuroscience and positive psychology will be incorporated into the workshop, as well as opportunities to experience these practices.

As a result of this workshop, participants will:

1. Articulate and demonstrate spiritual practices (Taking a Breath, Time in Nature, Self-Compassion, and Gratitude) that bring positive psychological outcomes and enhance our brains, bodies, and souls.
2. List the latest in neuroscience research on breath prayer practices (grounded in Catholic theology) that impact our cognitive abilities and overall wellness, and spend time practicing them, as well.
3. Identify the positive cognitive and bodily outcomes of spiritual practices that enable us to live healthier lives, and deal with the challenges of daily life with more resilience and equanimity.

P3 - Clinical Ethics for the Acute Care Chaplain: Jump-Starting your Capacity to Contribute in the Most Complex Cases

Workshop Level: Intermediate

NACC Certification Competencies: ITP4, ITP4.1, ITP5, PPS8, OL4

Dr. D.W. Donovan, D.Bioethics, MA, MS, BCC

Chief Mission Integration Officer, Providence Holy Cross Medical Center

Mission Hills, CA

Professional chaplains often find themselves participating in or even leading their organization's ethics committee and/or consultation service. But how many feel truly prepared for that kind of work, in a world where the issues grow more and more complex? Few chaplains have the luxury of advanced education in this area, but they can develop both a structure and a set of principles to guide them ... and their colleagues ... to better serve both the health care institution and their patients. This interactive session will jump-start participants' ability to contribute more fully to difficult situations.

As a result of this workshop, participants will:

1. Describe a basic structure to use in approaching ethical issues.
2. Articulate key principles used by professional chaplains to contribute to the resolution of complex ethical situations.
3. Animate confidence participating in formal ethics consultations.

Registration Fee: No Fee

N1 - The NACC and You: Bringing Your Gifts to Leadership

Workshop Level: All Levels

NACC Certification Competencies: OL1

NACC Board of Directors Members

NACC Executive Director, Erica Cohen Moore

Join members of NACC leadership to learn about the diverse opportunities to support and advance the NACC's mission and vision. This interactive exchange will allow time for you to reflect upon and discern where and how you might be able to offer your gifts in service of your fellow members and the profession of chaplaincy.

Registration Fee: Included with Early Bird, Full, Student, or Daily Conference Registration

S1 - Alchemy of Words: Poetry as a Powerful Tool For Chaplains

Workshop Level: Intermediate

NACC Certification Competencies: ITP6, PPS2, PPS4

Kim Langley MEd
President, LifeBalance Enterprises, Inc.
Lakewood, OH

Chaplains share the most joyful times in human experience and the most complicated times in people's lives. This session explores the use of carefully curated poems that invite patients into reflective conversations that identify their own strengths and coping strategies. Experience firsthand what Mary Oliver described in this way: "...poems are not words, after all, but fires for the cold, ropes let down to the lost, something as necessary as bread in the pockets of the hungry." The research already exists for the writing of poems (and prose) and the associated health benefits. We will look at the use of reading together existing poems as springboards for conversation, and the case for this emerging as a best practice.

As a result of this workshop, participants will:

1. Describe the use of carefully selected poems as a tool in ministry and guidelines for the respectful "do's and don'ts" of appropriate poem choices for effective and inclusive pastoral care.
2. Identify 3 or more techniques that foster mindful reading or praying with poetry in a clinical setting to address patients/clients spiritual distress.
3. Utilize poems as a spiritual care tool with high ministerial value and skill.

S2 - Designing Culturally Sensitive Research: Lessons Learned from "Space for Wholeness: Nourishing and Sustaining Resilience in Medical Language Interpreters"

Workshop Level: Beginner

NACC Certification Competencies: ITP6, OL1, OL2

Allison DeLaney MPH, BCC-PCHAC
Researcher for Mission Integration, Ascension Health
Williamsburg, VA

How can research design be more inclusive of diverse populations and therefore become a tool for advocacy? This workshop will address this question drawing on experience from "Space for Wholeness: Nourishing and Sustaining Resilience in Medical Language Interpreters", one of the projects funded by The Henry Luce Foundation/Chaplaincy Innovation Lab Microgrants to support resilience in frontline workers impacted by COVID-19. This workshop features the collaborative journey of the Co-Investigators (Chaplain and Language Interpreter) from initial idea to implementation and analysis and highlights community based participatory methods.

As a result of this workshop, participants will:

1. Critically evaluate components of research design as they relate to diversity, equity and inclusion.
2. Describe the components of grant management.
3. Identify ways to collaborate with interdisciplinary partners on shared projects.

S3 - Stretched by Life, Lifted by Faith: NACC Minority Members' Experiences of Racial Discrimination and Potential Strategies that Promote Racial Justice

Workshop Level: Intermediate

NACC Certification Competencies: PIC2, PPS3, OL2.1, OL4.1

Moderators:

Austine Duru MA, BCC

**Chief Mission Integration Officer, Providence Mission Hospital
Mission Viejo/Laguna Beach, CA**

Dr. Ruth Jandeska EdD, MA, BCC

**System Director Spiritual Care, Bon Secours Mercy Health
Cincinnati, OH.**

Panel Members (to be announced)

This workshop aligns with the NACC ongoing strategic priorities around racial justice. It continues the ongoing dialogue about understanding the deep impact of racial injustices on NACC colleagues and how these manifests in their ministry. It will feature a panel conversation with NACC members who identify as members of a minority racial background(s), exploring their personal experiences in their ministries, their communities, the Catholic Church, and within NACC. It will also explore practices and potential strategies for promoting racial justice, informed by the painful, yet powerful lived experiences of individuals who identify as members of the minority population.

As a result of this workshop, participants will:

1. Identify examples and impact of microaggression experienced by racial minorities, in ways that deepen relationships and provide ethnic-appropriate spiritual care.
2. Articulate an understanding of the connection of beliefs, behaviors, and faith, and how unconscious bias affects one's healing ministry.
3. Demonstrate how to promote justice and healing through practices of listening, self-awareness, and shared reflection.

S4 - Criminal Justice Chaplaincy and Spiritual Care

Workshop Level: Intermediate

NACC Certification Competencies: ITP1, PPS1, OL1

Deacon Edgardo Farias MDiv, PhD candidate

**Director, Detention Ministry Archdiocese of Miami
Miami Shores, FL**

This workshop summarizes an exploratory study undertaken to consider the chaplaincy personnel ministering to people impacted through the criminal justice proceedings. This qualitative research indicates that criminal justice chaplaincy strives to fulfill spiritual and pastoral care duties according to national and international standards. Various frustrations are identified by police chaplains and correctional chaplains, which thwart their professional role as spiritual care providers (a chaplain is needed for court). Guidelines are determined to develop the new paradigm of comprehensive pastoral care in the criminal justice system. The implications of this exploratory study relate to chaplaincy in the criminal justice system as well as religious organizations, governments, and the need for further research.

As a result of this workshop, participants will:

1. Describe the new paradigm of comprehensive pastoral care in the criminal justice system: police, court, and corrections.
2. Identify the benefits of spiritual and pastoral care for police, court, and corrections personnel.
3. Articulate chaplains' professional contributions and the problems they experienced while helping people struggling with the criminal justice system processes.

S5 - Merton's Perspective: Social Justice Teachings on War and Peace

Workshop Level: Beginner

NACC Certification Competencies: PIC3, PIC3.1, PIC3.2, OL4.1, OL5

Pamela Proietti MA, PhD/ABD, BA, BCC
Staff Chaplain, St. Paul Elder Services
Kaukauna, WI

More than four decades after he had written the manuscript for "Peace in the Post-Christian Era," Merton's prophetic Christian witness to the pacifist Christian tradition was finally published. Merton's book had originally been banned from publication by the Roman Catholic Church authorities, in the belief that a monk should not be engaging in political discourse around controversial issues. Merton was extremely frustrated that his book about war and peace had been banned, while at the same time the writings of Machiavelli had not been denounced by church authorities.

Chaplaincy work is one small part of an all-encompassing duty as a human being and citizen to seek to promote the common good, both in our workplace and in our larger communities. Citizen liberty and personal freedom is often straightforward and easy to understand; understanding citizen duties requires a much deeper level of understanding. We see large numbers of adults, who believe that caring for themselves (exclusively) and their more immediate family members (sometimes) is their only duty to their local, national, and world-wide community. Likewise, many citizens similarly fail to understand their duties around government decisions concerning war and peace—and the use of destructive weapons of warfare. As chaplains, we have a moral obligation to our larger (perhaps even our global) community, as well as to our families, our employers, and all the people with whom we work. This workshop will examine those citizen and community duties regarding social justice, as understood by Thomas Merton and also by others within the Church.

As a result of this workshop, participants will:

1. Describe the Catholic Church's social justice teachings on war and peace.
2. Illustrate the historical development of Catholic teaching, from the earlier "just war" theory of St. Augustine and Thomas Aquinas to the modern debate around modern technological war--using far more destructive weapons, nuclear weapons in particular.
3. Explain why Merton embraced a pacifist position on war and peace.

S6 - Hear My Voice: Learning from the Spiritual Legacies of those Stretched by Serious Illness with Faith and Wisdom to Share

Workshop Level: Intermediate

NACC Certification Competencies: ITP6, PPS2, PPS3

Katherine M. Piderman PhD, BCC
Coordinator of Spiritual Research, Associate Professor of Psychiatry, Mayo Clinic
Rochester, MN

The Hear My Voice pilot study provided an innovative opportunity for individuals with an advanced disease to prepare a personal, printed spiritual legacy based on their beliefs, values, and life-learned wisdom in the context of a spiritual care relationship with a chaplain. This workshop will present rationale for the study and its methodology. Outcomes will include the results of questionnaires and quotes from patients of various spiritual and cultural backgrounds. Time will be allocated for the discussion of the importance of spiritual life review in research and clinical settings, and possible future applications.

As a result of this workshop, participants will:

1. Describe the value of life review for patients, their loved ones, and the staff who care for them.
2. List elements of the Hear My Voice pilot study and the methodology used, including the interview questions.
3. Apply adaptations of the Hear My Voice study in future research and clinical practice.

SU2 - Enlarging the Tent: Developments in Pastoral Care Ministries Formation & Certification

Workshop Level: Intermediate

NACC Certification Competencies: PIC5, PIC5.1, PPS2, OL1

Marc J. DelMonico PhD

**Director of Certification for Ecclesial Ministry, USCCB Office of Certification
Washington, DC**

Joseph Cotton, M.A.

**Director of Pastoral Care and Outreach, Archdiocese of Seattle
Seattle, Washington**

Karen Clifton

**Executive Committee, Catholic Prison Ministries Coalition
Houston, TX**

"Enlarge the site of your tent ... lengthen your cords and strengthen your stakes" (Isaiah 54:2). As the current viral and social pandemics continue to cause so much suffering, division, and violence, the need for well-prepared pastoral care ministers continues to grow. Current realities have spurred discernment about how to best provide for these formation needs. NACC has responded to these challenges! The USCCB Subcommittee on Certification for Ecclesial Ministry and Service recently approved NACC's updated ministry competencies in health care chaplaincy and pastoral care, as well as NACC'S new prison ministries competencies and Correctional Chaplain certification in collaboration with the Catholic Prison Ministries Coalition. This workshop will provide an update on these efforts and invite questions and feedback.

As a result of this workshop, participants will:

1. Outline developments which are changing the nature of ministry formation & certification across ministry fields, and especially in pastoral care.
2. Describe the status of ministry formation and certification support from the USCCB to the NACC and related ministry organizations.
3. Articulate recent developments in the area of prison ministries pastoral care formation with representatives of the Catholic Prison Ministries Coalition.

SU3 - A Life Rooted in Prayer and Reflection

Workshop Level: Intermediate

NACC Certification Competencies: IPT2.1, ITP2.2, PIC3, PIC5.1

Georgia Gojmerac-Leiner DMin, BCC

**Spiritual Director
Natick, MA**

A life rooted in spirituality and reflection requires a rich and reliable prayer resource. "Give Us This Day" can be such a resource. Praying and reflecting daily also requires commitment, which this workshop will foster through illustration, participation, and sharing. Participants will gain confidence in prayer styles and formulate or advance their ability to reflect. This workshop will show how prayer and reflection practices lead to journaling, and how journaling advances one's ability to reflect. New insights are the fruits of prayer and reflection, which chaplains and ministers of spiritual care can use in their lives and ministry.

As a result of this workshop, participants will:

1. Explain the benefits of having a daily practice of prayer and reflection.
2. Articulate their Catholic identity as members, ministers, and chaplains by examining the Catholic tradition.
3. Demonstrate how faith can be an everlasting help and transcendence in times of vulnerability and crisis.

SU4 - Establishing a Hybrid Tele-Palliative Care Service Line in Rural Communities during a Pandemic

Workshop Level: Intermediate

NACC Certification Competencies: ITP5, PPS9, OL2.1, OL3

Dr. Gregg K. Vandekeift MD, MA, FAAFP, FAAHPM
Medical Director, Palliative Practice Group, Providence Institute for Human Caring
Olympia, WA

Eve Kelly Corcoran ME, MS, BCC
Chief Mission Officer, Director Spiritual Health & Executive Lead Palliative Care Services,
Providence Stevens County Ministries
Colville, WA

Adrienne “Adie” Goldberg PhD, LICSW
Palliative Care Social Worker, Providence Institute for Human Caring
Spokane, WA

Amber Moody BSN, RN, CHPN
Palliative Care Nurse
Providence Stevens County Ministries
Colville, WA

Social isolation and contact precautions have spurred tele-health services to the front of the line. Rural health care has the added challenge of disparity in care for several reasons, some of which are: lack of transportation to and from medical appointments, patient ability to fill prescriptions, lack of local specialty care, and patient access to internet services. Working collaboratively to identify asset and gaps in previous services, our current model incorporates Tele-health care in order to deepen our patient-family-caregiver relationships of understanding towards a specified direction of care. Palliative Care programs are a practice of offering dignified care, based upon the patient's desires for treatment, comfort, meaning, hope, and prognosis. Rural Providence Mount Carmel and St. Joseph's Hospitals are both critical access hospitals whose patients are now benefiting from access to a Palliative Physician and Palliative Licensed Clinical Social Worker care through Zoom™. Unable to fulfill rosters for needed positions, Providence's ministries offer exceptional care through its Tele-health programs; palliative care consults being the most recent service added to Tele-ICU, Tele-Psych and Tele-Stroke services. This has been a process of learning, stretching, and growth. Come and learn from Providence's experiences and successes of beginning and refining its Tele-Palliative Care Services as a multi-disciplinary team in order to expand the care offered in its ministries.

As a result of this workshop, participants will:

1. Identify best practices in establishing a rural palliative care program.
2. List the challenges of introducing a new service line during a pandemic.
3. Describe the components of a Tele-Palliative Care Consult.

SU5 - Integrating Spiritual Healthcare Into Nursing Praxis: An Educational Intervention

Workshop Level: Beginner

NACC Certification Competencies: ITP2.1, PIC3, PPS2, OL2.1

**Teresa Durbak Sipos, DMin Student
Chaplain, Appalachian Behavioral Healthcare
Lancaster, OH**

Presenter will provide research data results from student nurse surveys regarding the development of educational interventions for the call of teaching nurses to provide spiritual care during the COVID-19 pandemic crisis. Three theological pillars to be discussed include prevenient grace, the benefit of suffering, and the nurses' holy vocation with supportive church documents, i.e. *Salvifici Doloris*, *Gaudium Et Spes*, *Lumen Gentium*, and *Mulieris Dignitatem*. This educational intervention was developed as part of the requirement for the St. Mary Seminary and Graduate School of Theology Doctor of Ministry program, near Cleveland, Ohio.

As a result of this workshop, participants will:

1. Articulate the value of NACC Nurse-Chaplain Call Group and nurse-chaplain partnerships.
2. Describe how to train and encourage nurses as partners in the provision of spiritual care.
3. List the benefits vs. risks of nurses assisting in provision of spiritual care, especially during the COVID-19 pandemic.

SU6 - Spirit Alive: A multi-sensory and incarnational approach to spiritual care for those with Alzheimer's disease and other cognitive impairments amidst the pandemic

Workshop Level: Intermediate

NACC Certification Competencies: PPS2, PPS3, PPS9

**Emily Southerton MA
Associate Chaplain, Phoebe Ministries
Wernersville, PA**

**Dr. Scott Brooks-Cope ACPE Certified Educator
Director of Pastoral Care Services, Phoebe Ministries
Allentown, PA**

For those of us who know, love, and support individuals experiencing cognitive loss related to dementia, it is very important that the aspects of the individual that make them uniquely human are never lost. Phoebe Ministries and the Center for Excellence in Dementia Care began exploring and creating innovative approaches for providing pastoral care and spiritual enrichment for persons with dementia. The goal of Spirit Alive is for individuals with "mid-stage" dementia to experience an active relationship with God. Spirit Alive blends "Godly Play," "Validation Therapy," and "Montessori" principles with the purpose of offering an incarnational faith experience.

As a result of this workshop, participants will:

1. Apply the history and conceptual overview of the pilot program, Spirit Alive, unearthing an approach to pastoral care that promotes spiritual openness and inclusivity of race, religion, and cognitive impairment.
2. Describe the components of Spirit Alive.
3. Discuss the value of Spirit Alive to address spiritual care for persons experiencing cognitive impairment in group settings amidst the pandemic.

M1 – Staffing, Standards, and Sharing

Workshop Level: Intermediate

NACC Certification Competencies: OL1

Jill Fisk (Moderator)

Director Mission Services, Catholic Health Assn of the United States

St. Louis, MO

This session will present recommended essential services of pastoral care departments in acute and continuing care settings as developed through the Catholic Health Association. Members of CHA's Spiritual Care Advisory Council will share their findings.

As a result of this workshop, participants will:

1. Gain familiarity with The Catholic Health Association's Essentials for Acute and Continuing Care and Pastoral Care Staffing Tool.
2. Hear best practices in implementation of the Staffing Tool.
3. Engage in collegial dialogue with peers.

M2 - Roadblocks to Healing

Workshop Level: Intermediate

NACC Certification Competencies: ITP2, ITP3, PIC7, PPS2

Rev. Richard E. Zajac MDiv

Staff Chaplain, Sisters of Charity Hospital

Buffalo, NY

Drawing on over 40 years of experience, the presenter will offer numerous examples of spiritual conditions which at times can be lethal while at other times can be hindering medicine's best efforts to find a cure. He will also talk of the hospital and cultural experiences that negatively contribute to a patient's wellbeing and explore habits that need to be jettisoned for healing to be realized.

As a result of this workshop, participants will:

4. Outline the importance of ministry
5. Describe the spiritual maladies besetting patients.
6. List underlying issues exacerbating a particular illness.

M3 - Spiritual and Psychosocial Support - Accompanying others impacted by COVID-19

Workshop Level: Intermediate

NACC Certification Competencies: ITP2, ITP2.1, ITP3, PPS2

Rev. Richard W. Bauer MM, BCC, LCSW

Chaplain, The George Washington Institute on Spirituality and Health

Washington, DC

The impact of the global COVID-19 pandemic has caused an unprecedented crisis. We have often heard that "crisis" can mean both danger, and opportunity. In the face of the continued pandemic, new variants and outbreaks, limited global vaccine availability and vaccine hesitancy, the pandemic can be an opportunity to be

God's presence of wholeness, healing, compassion, and justice. This workshop will explore the recent Vatican document from the Dicastery for Promoting Integral Human Development - "Accompanying People in Psychological Distress in the Context of the COVID-19 Pandemic, Members of One Body Loved by One Love."

As a result of this workshop, participants will:

1. Identify some of the unique challenges to spiritual well-being and mental health emerging from the COVID-19 pandemic.
2. List some of the key themes from Catholic Social Teaching and discuss a Catholic understanding of social responsibility and solidarity and apply these to a pandemic response of spiritual accompaniment.
3. Articulate the Catholic understandings of spiritual suffering and hope and how these concepts can assist a chaplaincy response to the pandemic.