

Refer to NACC website <https://www.nacc.org/resources/coronavirus-resources/> New things are being posted daily, with many new resources that can be used in your changing ministry.

Refer to the CHA website <https://www.chausa.org/> for resources. New things are being posted daily. CHA website. – front page is a link to Corona Virus resources and Spiritual Care resources and a series of short podcasts.

Refer to the CHA Guidelines for Sacramental Celebrations in a Health Care Setting: [https://www.chausa.org/docs/default-source/pastoral-care/guidelines-for-sacramental-celebrations-in-health-care-setting\\_jan2021.pdf?sfvrsn=4](https://www.chausa.org/docs/default-source/pastoral-care/guidelines-for-sacramental-celebrations-in-health-care-setting_jan2021.pdf?sfvrsn=4)

Chaplaincy Innovative lab <https://chaplaincyinnovation.org/>

Prayers from USCCB: <http://usccb.org/about/communications/usccb-president-reflection-and-prayer-during-coronavirus.cfm>; [www.usccb.org](http://www.usccb.org)

NACC World Day of the Sick: <https://www.nacc.org/resources/spirituality-and-prayer-resources/world-day-of-the-sick/>

Addressing the Spiritual Needs in Pictures: <https://www.nacc.org/resources/specialty-care-resources/dementia/>

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Welcome -

**REFLECTION:** Terry Hershey's Sabbath moment...

Time to share what is on your heart... From our last listening session, can we talk about what kind of support are we receiving from our peers in our workplace. Do we need additional resources?

Time to share...

Presently I am a staff chaplain in Chicago. In the last 2 months I've experienced 2 cancer patients. One stopped fighting, did not get confession, went into coma and died. I went on to meet another patient who decided to refused his meds to remain engaged.

This is where we look where the benefits outweigh the burdens or the burdens are too much, they can compromise our systems and can lead to death.

ERD review might be helpful, looking at how medications act and react. People are concerned about how they treat the end of their lives. And these secondary consequences can be acceptable.

I heard about a priest in a different nursing home, didn't want pain meds, he wanted to suffer like Christ. It was very difficult. It was his right and decision to have this painful death.

It all depends. I have a woman who wanted to experience her own death. For some people doctors decide to relieve the pain, the intentions are part of the decision making.

When the intent is to give comfort and pain it can be allowed, even with secondary effects.

If the patient want the medication to be comfortable, if they don't, you need to accept that. No everyone want a morphine drip. I made sure that they had the sacraments while they are awake. There is a lot there that is permissible, but it takes a lot of planning to give the patient what they want.

I work in a cancer center – pain is always a big question. The care team is responsible for pain care, especially when there is no more that can be done.

There is Peer Support and Have a Buddy. You can encourage fellow workers to connect for self-care. There is a wellness room that is open to all staff, also snack/coffee/talk/debrief. Sometimes there is meditation and stuff to help us relieve tension within work. It is important, especially since COVID – that selfcare and peer support be a part of the culture.

I'm honored to be on with NACC. I'm glad to be with people on a mission of healing and presence. I am looking for guidance to stay motivated on certification while working full time.

In New York, finished my residency in 2014 and certified in 2019. What did it for me was not scheduling was that someone I trained with, we found a mentor together. The mentor supported me and helped me prepare for certification. With the help of the mentor, I was able to finally get my materials in and interview. My theory is I had 4 notebooks, I shared them to help others understand the questions. If you cannot answer, you can write a little and be asked. Having a mentor would be helpful.

I did try to engage a mentor, but he became unavailable, telling me to write. I'm looking for more interactive support.

Try to take it in small steps, perhaps keep competencies with you to see when you are addressing one or more.

You may need to pray, and let the Holy Spirit guide you.

Focus on saying less – We are not in the business of not certifying chaplains, we are in the business to make our chaplains certify. There is support all over the place.

I love sacred scripture, but also rock lyrics inspire. “Don’t let the sound of your own wheels drive you crazy...”

Don’t be scared of the process.

Give yourself time to do it.

I am also looking to certify in September, I am writing my materials. If I have any spare time, I put it to my materials. My manager and coworkers are aware of this.

Some people can speak easier than they can write, Perhaps capture speech and then edit.

How do people deal with patients who say why am I still here?

Reframe the question – what are your thoughts, why do you think?

In our training we were told that the patient has all the answers within. We as a chaplain help them recognize and bring forward.