

## *Prayer for a Pandemic*

*May we who are merely inconvenienced  
remember those whose lives are at stake.*

*May we who have no risk factors  
remember those most vulnerable.*

*May we who have the luxury of working from home  
remember those who must choose between  
preserving their health or making their rent.*

*May we who have the flexibility to care for our  
children when their schools close  
remember those who have no options.*

*May we who have to cancel our trips  
remember those that have no safe place to go.*

*May we who are losing our margin money  
in the tumult of the economic market  
remember those who have no margin at all.*

*May we who settle in for a quarantine at home  
remember those who have no home.*

*As fear grips our country, let us choose love.*

*During this time when we cannot physically  
wrap our arms around each other,  
let us yet find ways to be the loving  
embrace of God to our neighbors. Amen.*

*– Cameron Bellm, 2020*

## **Dominican Sisters of Sparkill**

### **Like Page**

Yesterday at 10:00 AM ·

We share with you this moving prayer written by Cameron Bellm, a Seattle mother of two young boys. Let us pray these words and try to live them as we face the challenges in our country in these difficult days.

Cameron Bellm has given her permission to share her prayer and thanks us for praying with her.

[#PrayerforaPandemic](#)