



Partners in Pastoral Care

Continuing the Healing Ministry of Jesus
in the Name of the Church

PROJECT BOOKLET

Templates for Formation

SUMMARY:

A Template for Programs of Formation for Pastoral Care ministers in Diverse Settings through Partnership of Arch/diocesan Offices, Academic Programs and National Associations



The Partners in Pastoral Care Project is a product of the National Association of Catholic Chaplains (NACC) and its Partners

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V PROGRAM CONTENT/CURRICULUM

THE GOALS, FORMATION ELEMENTS AND METHODS:

In this section the primary goal, formation elements, and appropriate methods are listed for each of the four dimensions:

HUMAN

HUMAN FORMATION GOAL:

Human formation aims at developing the human qualities and character of the lay ecclesial minister for the purpose of personal growth and ministerial service.

HUMAN FORMATION ELEMENTS:

(Based on USCCB (2005) *Co-Workers in the Vineyard of the Lord*, pp.36-37)

- ◆ A basic understanding of self and others
- ◆ Psychological health
- ◆ A mature sexuality
- ◆ Physical health
- ◆ Knowledge of one's personal gifts and special charisms
- ◆ Recognition of traits and abilities one lacks
- ◆ Understanding of family systems and dynamics
- ◆ Ability to learn from both praise and criticism
- ◆ Appreciation and valuing of racial, ethnic, and cultural diversity
- ◆ A genuine respect and concern for others
- ◆ Virtues of Christian discipleship

HUMAN FORMATION METHODS: APPROPRIATE ADULT METHODOLOGY

- ◆ Participation in small faith community
- ◆ Triad sharing
- ◆ Affirmation and critique
- ◆ Periodic feedback
- ◆ Counseling
- ◆ Fostering of self-reflection and self-awareness

SPIRITUAL

SPIRITUAL FORMATION GOAL:

Spiritual formation aims at striving for holiness, openness for on-going conversion, daily growth in the love of God and neighbor, and the practices of prayer and spirituality that foster these dispositions and attitudes. It aims at promoting and strengthening the fundamental conversion that places God, and not oneself, at the center of one's life and seeing openness to this ongoing conversion as a prerequisite for fruitful spiritual formation.

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SPIRITUAL FORMATION ELEMENTS:

(Based on: USCCB (2005) *Co-Workers in the Vineyard of the Lord*, pp. 38-42.)

- ◆ A living union with Christ
- ◆ Spiritual formation built on the word of God
- ◆ Spiritual formation based on the Liturgy, especially the sacraments
- ◆ An incarnational spirituality of presence and a paschal spirituality of loving service
- ◆ An awareness of sin
- ◆ A spirituality for suffering
- ◆ A Marian spirituality
- ◆ Love for the Church
- ◆ Devotion to the Eucharist
- ◆ An ecumenical spirit

SPIRITUAL FORMATION METHODS:

- ◆ Daily prayer and spiritual practices
- ◆ Spiritual direction
- ◆ Faith sharing and theological reflection
- ◆ The practice of justice and charity
- ◆ Studying the lives of the saints

INTELLECTUAL

INTELLECTUAL FORMATION GOAL:

Intellectual formation aims at developing an understanding and appreciation of the Catholic faith which is rooted in God's revelation and embodied in the living tradition of the Church. It includes a study of the sacred sciences but also requires other disciplines relevant to effective ministry.

INTELLECTUAL FORMATION ELEMENTS:

(Based on: USCCB (2005) *Co-Workers in the Vineyard of the Lord*, pp. 42-46.)

- ◆ Scripture and its interpretation
- ◆ Dogmatic theology
- ◆ Church History
- ◆ Liturgical and sacramental theology
- ◆ Moral theology and catholic social teaching
- ◆ Pastoral theology
- ◆ Spirituality
- ◆ Canon law

INTELLECTUAL FORMATION METHODS:

Opportunities which maximize participation and draw on participant's experience:

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- ◆ Small groups
- ◆ Lectures
- ◆ Discussions
- ◆ Independent research guide
- ◆ Learning projects
- ◆ Theological reflection on field experience
- ◆ Use of technology (teleconferencing, distance learning)

PASTORAL

PASTORAL FORMATION GOAL:

(Based on: USCCB (2005) *Co-Workers in the Vineyard of the Lord*, pp.47-49). Pastoral formation aims at cultivating the knowledge, attitudes, and skills that directly pertain to effective functioning in ministry settings and pastoral administration that supports direct ministry.

PASTORAL FORMATION ELEMENTS:

- ◆ Methods for providing formation for others
- ◆ Leading of community prayer and preaching
- ◆ Pastoral ministry skills
- ◆ Family mission and family perspective
- ◆ Effective relationship and communication skills
- ◆ Collaboration
- ◆ Discernment of the signs of the times
- ◆ Gift discernment and volunteer ministry management
- ◆ Change and conflict management skills
- ◆ Basic counseling skills
- ◆ Culture and language studies
- ◆ Administration skills
- ◆ Leadership and organizational development
- ◆ Applicable civil law
- ◆ Ministerial code of ethics

PASTORAL FORMATION METHODS:

- ◆ Traditional classroom or seminar formats
- ◆ Practical experience in real situations
- ◆ Mentored reflection no experience
- ◆ Opportunities to practice skills with feedback
- ◆ Demonstrations, projects and practice
- ◆ Role playing