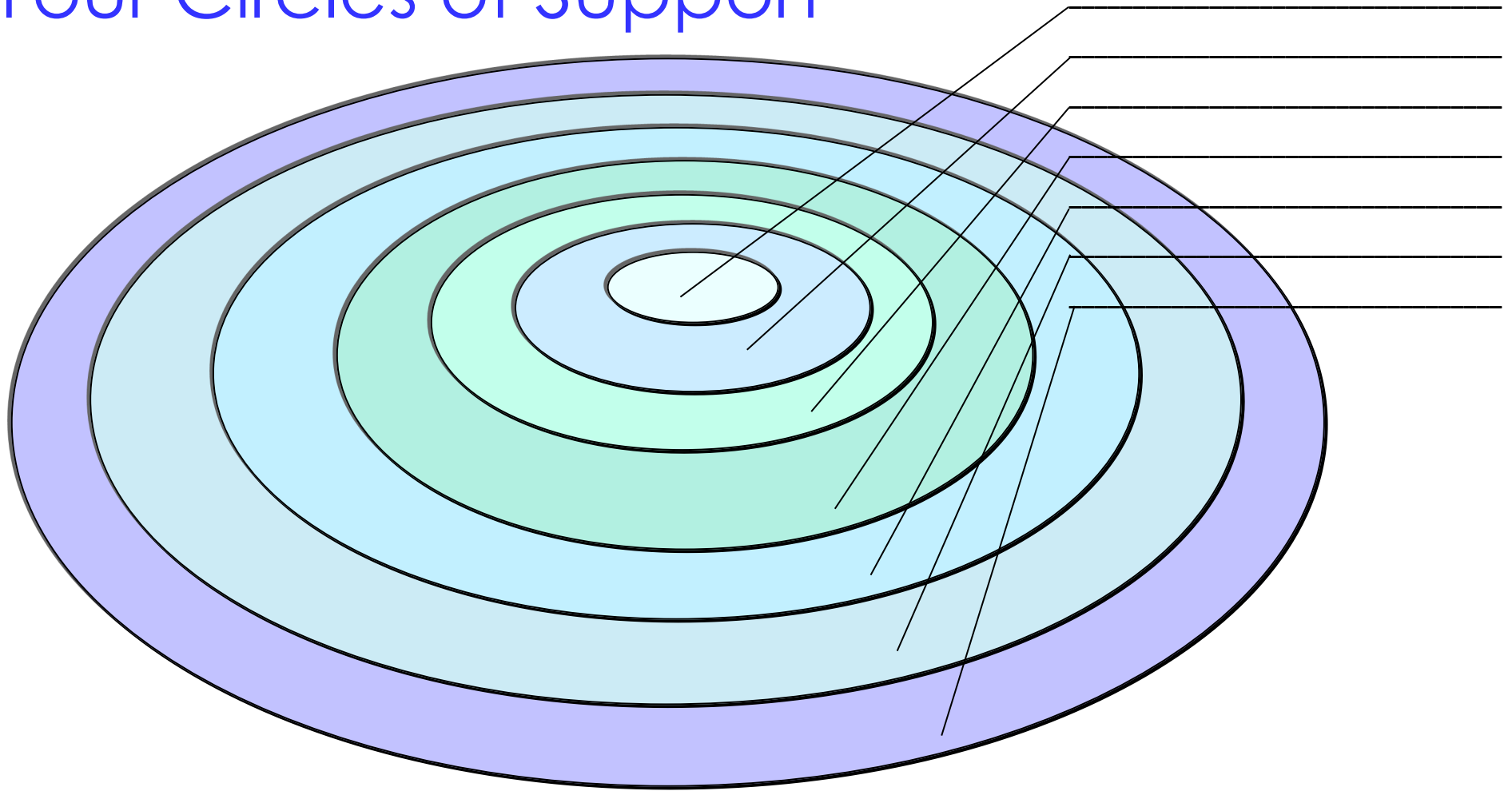


Your Circles of Support



- A circle to which I usually turn for support is...
- A circle where I find it difficult to ask for support...
- A time when I expected support from a particular circle of support and did not get it was...
- A time when I got support from a circle I didn't expect to get was...
- The biggest barriers I have to nurturing the center circle, self intimacy, is...

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