SCARCITY MENTALITY

FEAR

- Creates Scarcity
- Fear of Retaliation
  - Perceived Attack
    - I am/you are in danger/it's dangerous
- Belief in Competition as a Way of Survival
  - Suffering
    - Destruction
      - Attacking Behaviors
      - Self-defeating Behaviors
        - Anger
        - Despair
          - Judging Others
          - Judging Self
- Fear of Abandonment
  - Perceived Lack
    - I am/you are/there is not enough

ABUNDANCE MENTALITY

Love

- Creates Abundance
  - Acceptance
  - Faith in Beyond Interdependence
  - Trust
    - Perceived Wholeness
      - I am/you are/there is enough
    - Joy
      - Abundance
        - Creation
          - Generous Behavior
          - Forgiving Self
            - Serenity
            - Forgiveing Others
          - Extending Self
            - Creating Risk Taking Behavior