Dear Lord,

Please be within me today,
Calm my thoughts as I rest in you.
Prepare my heart to be open,
To the pain and hurt of others.
Let your love be in my words,
As we walk the journey of healing.
Help me to be silent,
When words fail.
Let your healing voice, be the balm,
To comfort souls in need.
Comfort me Lord when my heart aches,
And let me bring compassion to those who are suffering.
Guide my words and help me to listen with my heart,
So that others can hear your voice.
Use me as a vessel of your love,
To bring peace to souls.
Send your Holy Spirit to strengthen me,
And let your presence bring me peace.
And may that same peace... be the joy,
That shines forth... to touch all I encounter.

Amen