

2016 CONFERENCE WORKSHOP DESCRIPTIONS AND OBJECTIVES

Use the list below to navigate to the workshop of interest to you

Pre-Conference Workshops ~ Friday, April 22, 2016 – 7:30 a.m. – 11:30 a.m.

- P1 ~ New Life for Elders: Bringing Hope to Families Suffering from the Ravages of Dementia/Alzheimer's Disease
- P2 ~ Dream Work: A Window Into the Divine
- P3 ~ Improving Your Chart Note Narratives
- P4 ~ A Preferred Leader: A Narrative Framework of Leadership for Managing Spiritual Care Departments
- P5 ~ Process Cartooning in Chaplaincy

NACC Special Workshops ~ Friday, April 22, 2016 – 12:15 p.m. – 1:30 p.m.

- N1 ~ Certification with the NACC
- N2 ~ Renewal of Certification with the NACC
- N3 ~ Answering the Call to Certification Interviewing
- N4 ~ Experienced Certification Interviewers Support Group
- N5 ~ The NACC and You: Bringing Your Gifts to Leadership

75 Minute Workshops ~ Saturday, April 23, 2016 – 8:30 a.m. – 9:45 a.m.

- SA1 ~ Spirit: The 7th Vital Sign
- SA2 ~ Exploring the Efficacy of a Virtual Community of Practice for Healthcare Chaplains
- SA3 ~ The Current State of Palliative Care Chaplaincy
- SA4 ~ The Ease and Joy of DAT (Daily Activity Tracking)
- SA5 ~ The Advocate Chaplaincy Taxonomy: Using a Normative Chaplaincy Language
- SA6 ~ A Dummies Guide to Reading a Research Article II: More Fun Reading a Research Article
- SA7 ~ Breaking the Silence, Hearing the Story: Adverse Childhood Experiences (ACEs) and Chaplaincy
- SA8 ~ Mindfulness: A Path of Renewal

75 Minute Workshops ~ Saturday, April 23, 2016 – 2:00 p.m. – 3:15 p.m.

- SA9 ~ Stretching our Skills Beyond Hospitals Walls: Challenges and Opportunities of Outpatient Ministry
- SA10 ~ Manage Stress Using Your Strength
- SA11 ~ Advancing Chaplain Research Literacy
- SA12 ~ Who Reads Our Progress Notes? And Really, Why Should They?
- SA13 ~ Facilitating Advance Care Planning Conversations: Evidence-Based Practice
- SA14 ~ End of Life/Bereavement Support: Partners in Care
- SA15 ~ Front-Porch Ministry: Chaplains Building Informal Relationships to Improve Spiritual Care and Caregiver Team Health in Long-Term Care Facilities and Programs
- SA16 ~ Using an Interdisciplinary Team Meeting Approach to Ethics Consultation

75 Minute Workshops ~ Sunday, April 24, 2016 – 11:00 a.m. – 12:15 p.m.

- SU1 ~ Moral Distress: What Chaplains Can Do to Help Make All Things New
- SU2 ~ Aligning CPE with Healthcare and Other Realities of Today's World
- SU3 ~ Poetry as a Healing Ministry
- SU4 ~ Neuroscience and Happiness
- SU5 ~ Is the Latest the Greatest? An Ethical and Spiritual Framework for Evaluating New Medical Interventions
- SU6 ~ Collaboration to Address Compassion Fatigue in Hospital Staff
- SU7 ~ Pastoral Care in Long Term Care: The Franciscan Way
- SU8 ~ Demonstrating the Benefits of Spiritual Care Volunteers: Bon Secours Richmond as a Case Study

Registration Fee: \$75

P1 ~ New Life for Elders: Bringing Hope to Families Suffering from the Ravages of Dementia/Alzheimer's Disease

**Linda Colozzi, MA, BCC
Director of Spiritual Care
Elizabeth Seton Residence
Needham Heights, MA**

This interactive and experiential workshop will provide participants the opportunity to be informed, reformed and transformed in their ability to respond to people with dementia and Alzheimer's disease. Our response to memory loss has the ability to change fear to hope and death to new life. Participants will have an opportunity to share their own experience, strength and hope with each other through scripture, story-telling, and prayer in small and large group format.

As a result of this workshop, participants will:

1. See people suffering from Alzheimer's Disease and other forms of memory loss with new eyes.
2. Gain tools to bring hope where fear reigns in relationships text.
3. Explore new possibilities as chaplains.

P2 ~ Dream Work: A Window Into the Divine

**Nancy Dallman, MSED, LPCC
Jungian Therapist, Spiritual Director, Dream Work Leader
Rohnert Park, CA**

**Rachel Winborn, MA, MFA
Spiritual Director, Artist, Dreamworker, Speaker
Chicago, IL**

Have you ever wondered about the meaning and purpose of your dreams? Spend a morning of discovery, exploring the many ways that our dreams open us up to spiritual messages and avenues of growth uniquely designed for our personal development. Learn the principles of group projective dreamwork, as developed by Jeremy Taylor, DMin, founder of the Marin Institute of Projective Dreamwork, and by Robert Haden, M.Div., founder of the Haden Institute. Nancy Dallman and Rachel Winborn will share their knowledge of dreamwork as students and leaders in this spiritual practice. Participants will spend most of the workshop in shared creative experiences and find out why Jeremy Taylor is famous for saying, "All dreams come in the service of health and wholeness".

As a result of this workshop, participants will:

1. Be familiarized with the process of projective dreamwork text.
2. Gain experience with projective dreamwork as a spiritual practice.

P3 ~ Improving Your Chart Note Narratives

Gordon Hilsman, DMin, BCC-S
Interim CPE Supervisor
Fircrest, WA

Using narratives in medical record charting is a primary way of joining and remaining a full member of an interdisciplinary team. Creating narrative notes is an art that can be improved by practice, feedback, discussion and practical guidelines. Focus will be on capturing the essence of the current state of a patient's human spirit in a useable format, and practicing that art in writing with feedback in small group, large group and dyadic contexts.

As a result of this workshop, participants will:

1. Improve their use of narrative in medical record charting text.
2. Become convinced that narrative in chart notes relates better to interdisciplinary team members.
3. Become better able to join interdisciplinary teams as a full member.

P4 ~ A Preferred Leader: A Narrative Framework of Leadership for Managing Spiritual Care Departments

Rev. Peter Kim, PhD
Director of Pastoral Care
Bon Secours Richmond Health System
Midlothian, VA

What kind of a leader do you prefer to be? Utilizing the postmodern principles underlying Narrative Therapy, this workshop will examine a collaborative approach to understanding the qualities and relational dynamics that make an effective leader in this ever-changing healthcare environment. With their own core values and aspirations as the starting point of reflection, leaders could weave together their own future stories, those of their staff, and even those of their supervisors into a coherent mosaic, thereby coauthoring a compelling future narrative for their departments.

As a result of this workshop, participants will:

1. Learn how to utilize Narrative Therapy's principles as leadership tools for articulating preferred goals and direction for their Spiritual Care Departments text.
2. Learn how to build an effective and healthy team of chaplains by recruiting, empowering, and retaining the best while creatively dealing with difficult situations.
3. Learn to advocate for their departments by communicating an exciting future to their strategic stakeholders.

P5 ~ Process Cartooning in Chaplaincy

Susan Liguori, MDiv, BCC
Supervisor and Chaplain
Darien, CT

Kurt F. Shaffert, MDiv
Associate Supervisor and Chaplain
VA Connecticut Healthcare Systems
West Haven, CT

Process cartooning facilitates creating space in pastoral conversation for feelings, story-telling and meaning-making, resulting in reflections that may not otherwise occur during conventional pastoral encounters. During a bedside visit, the patient narrates a 4 panel cartoon to the chaplain about whatever is on his or her heart, using stick figures to express and comment on the narration. Cartoons offer a playfulness that facilitates sharing about intimate issues with humor and sincerity. Drawing skill not required.

As a result of this workshop, participants will:

1. Learn a new approach for facilitating pastoral conversation by which the heart of the story is quickly and directly revealed.
2. Experiment with an innovative tool for processing group sessions as well as individual reflections.
3. Identify how this practice manifests the theories of "Holding, Containing & Bearing Witness" in pastoral care.

N1 ~ Certification with the NACC

Linda A. Bronersky, MPS, BCC-S
NACC Certification Commissioner

Carolanne B. Hauck, MA, BCC
NACC Certification Commissioner

The NACC Certification Commission offers an overview of the NACC certification process. We will take this opportunity to present key information about certification and to answer your questions about certification.

N2 ~ Renewal of Certification with the NACC

Linda M. Arnold, PhD, BCC
NACC Certification Commissioner

Augustine (Austine) Duru, MA, MDiv, BCC
NACC Certification Commissioner

Jane W. Smith, DMin, BCC, AADP
NACC Certification Commissioner

The NACC Certification Commission offers an overview of the NACC renewal of certification process. The process has been updated in order to give our members more opportunities for continuing education as well as clearer guidelines and forms. Join us for an update and answers to your questions about renewal of certification.

N3 ~ Answering the Call to Certification Interviewing

Mary D. Davis, MTS, BCC-S
NACC Certification Commission Chair

Anne Murphy, DMin, BCC
NACC Interview Team Educator

This workshop provides you with the opportunity to explore the ministry of certification interviewing with an emphasis on discernment of your gifts for interviewing. Discover the overarching vision of the certification process and learn how the process can provide spiritual growth for you in your present ministry. A review of the NACC Standards will be addressed as well as practical matters involved in becoming a member of a certification interview team to facilitate your discernment.

As a result of this workshop, participants will:

1. Discover the sacredness of the ministry of certification interviewing and how this ministry can enhance your current ministerial functioning.
2. Explore and discern your giftedness for this sacred ministry.
3. Gain information on the support available to you as a prospective interviewer, skills needed, time required, and invaluable peership gained through serving as a certification interview team member.

N4 ~ Experienced Certification Interviewers Support Group

Dr. Matthias J. Merges, PhD, BCC
NACC Lead Interview Team Educator

Bonnie McCulley, LPC, DMin Candidate, BCC
NACC Certification Commissioner

This workshop provides spiritual and practical support for experienced certification interviewers through interactive discussion and presentation. Participants will share their spiritual experiences as an interviewer. Practical issues related to the overall process, document construction, and interactions with the applicant or team members will be raised. Participants will discuss the spirituality of these issues using their acquired wisdom. Multiple examples of “good” and “not so good” Presenter’s Reports are examined. A certification commissioner will provide the commission’s perspective and address any commission-related questions that are presented. Prospective interviewers learn from these experience-based discussions.

As a result of this workshop, participants will:

1. Explore the spirituality and ministerial experience of certification interviewing.
2. Share details of what to embrace, avoid and emphasize during the interview process.
3. Examine quality aspects of the certification interview documents.

N5 ~ The NACC and You: Bringing Your Gifts to Leadership

David A. Lichter, D.Min.
NACC Executive Director

Join members of NACC leadership to learn about the diverse opportunities to support and advance the NACC’s mission and vision. This interactive exchange will allow time for you to reflect upon and discern where and how you might be able to offer your gifts in service of your fellow members and the profession of chaplaincy.

SA1 ~ Spirit: The 7th Vital Sign

Mary Elizabeth Allen, MS, OTR, BCC
Chaplain
St. Mary's Hospital / SMMHC
Madison, WI

Susan Leet, MAPS
Chaplain
St. Mary's Hospital / SMMHC
Madison, WI

We know the importance of Spirit in patient care. A patient's spirit may help or hinder healing. There is a way to check this vital sign, whether the patient is in good spirits or feeling low. The questions elicit answers we can all connect with whether or not we have a faith background. The tool also grants a referral to the chaplain as well as increasing scores assessing the spiritual and emotional needs on the hospital survey.

As a result of this workshop, participants will:

1. Learn how to access Spirit.
2. Learn the role of Spirit in health, healthcare, and life.
3. Learn how to use spiritual assessment as a screen for chaplain referrals in an acute care setting.

SA2 ~ Exploring the Efficacy of a Virtual Community of Practice for Healthcare Chaplains

Joan L. Bieler, MS, MA
Chaplain Associate
Northwestern Memorial Hospital
Chicago, IL

M. Jeanne Wirpsa, MA, BCC
Staff Chaplain, Medical Ethics CoChair, Consultant
Northwestern Memorial Hospital
Chicago, IL

In the market-driven world of healthcare, chaplains sometimes struggle to maintain their work's most sacred and satisfying elements. Using input from chaplains, educators and social scientists, we developed a pilot project to test the efficacy of a web-based community of practice to address the need for professional development and support. Chaplains from diverse health care settings used the internet to share meaningful encounters and receive feedback on challenges faced in their daily work. The workshop will present results of this research, explore ways to improve this model, and examine other avenues chaplains might use to sustain the value of their work.

As a result of this workshop, participants will:

1. Explore the need for, design, and value of a web-based community of practice using evidence drawn from this innovative pilot research project.
2. Consider elements of internet site design that avoid pitfalls common to web-based communities of support while being mindful of confidentiality issues and HIPAA regulations.
3. Discuss other models that utilize the internet to foster resilience in chaplains in healthcare and other settings.

SA3 ~ The Current State of Palliative Care Chaplaincy

George Fitchett, DMin, PhD
Professor and Director of Research
Department of Religion, Health, and Human Values, Rush University
Chicago, IL

Palliative Care is an emerging field in healthcare; however, research has not been done to describe the work of palliative care chaplains. This 75-minute workshop will begin to define the current state of Palliative Care Chaplaincy. The workshop will report results from a national survey of hospital chaplains working in Palliative Care. The survey results will describe palliative care chaplains' practices, integration in the palliative care program, as well as their distress and self-care practices.

As a result of this workshop, participants will:

1. Be able to define an "Integrated" Palliative Care Chaplain.
2. Be able to identify the most frequent and the most infrequent practices of Palliative Care Chaplains.
3. Be able to describe Palliative Care Chaplain distress.

SA4 ~ The Ease and Joy of DAT (Daily Activity Tracking)

Mary M. Heintzkill, MThS, BCC
System Director of Pastoral Care and CPE
St. Vincent Health
Indianapolis, IN

Amity Rees, MDiv
Associate Chaplain
St. Vincent Health
Indianapolis, IN

Combining the best of the metrics tools from Mayo, Chattanooga, and Ascension Health, the chaplain team at St. Vincent Health, Indianapolis, created a daily activity tracking tool that easily converts units of service and chaplain activities to hours of productivity. The formulas also are able to create charts for a quick birds' eye view of chaplain services. The activities collected can be aggregated quickly to paint a vibrant and robust picture of chaplain activities within your organization. Directors, managers, and chaplains are able to mine and report meaningful data due to precise definitions, established units of service, and minutes attached to vital chaplain interactions.

As a result of this workshop, participants will:

1. Be able to utilize a daily activity tracking tool that utilizes current technology to accurately capture and report the direct and indirect services of chaplains.
2. Be able to easily gather metrics that "tell the story" of our work to administrators, leaders, chaplain teams.
3. Be able to identify areas of strength for chaplain teams and understand the complexity of work within differing health ministries.

SA5 ~ The Advocate Chaplaincy Taxonomy: Using a Normative Chaplaincy Language

Rev. Kevin Massey, MDiv, BCC
Vice President, Mission and Spiritual Care
Advocate Lutheran General Hospital
Park Ridge, IL

The Advocate Health Care produced a methodologically-based Taxonomy of Chaplaincy Activities (a normative inventory of interventions, methods, and intended effects) which has been used by numerous chaplains across several health care systems. This workshop shares trends in the use of the taxonomy by chaplains. It also provides the opportunity for participants to engage in a hands-on activity employing the taxonomy for Spiritual Care Plans based upon Spiritual Care encounters.

As a result of this workshop, participants will:

1. Learn how the Advocate Chaplaincy Taxonomy was developed.
2. Practice using the taxonomy to communicate chaplaincy interventions, methods, and intended effects.
3. Using a Care Centered Outcome Model to communicate with the interdisciplinary team.

SA6 ~ A Dummies Guide to Reading a Research Article II: More Fun Reading a Research Article

Patricia E. Murphy, RSCJ, PhD, BCC
Staff Chaplain and Associate Professor
Rush University Medical Center
Chicago, IL

Deacon Roger Vandervest, MAPS, BCC
Director of Mission Services
St. Jude Medical Center
Fullerton, CA

Prior to the workshop participants will be expected to read a simple research article which will be provided. In the workshop we will review the main components of the article and provide background about the methods and statistics employed in the research article. We will critically review the research article's findings and discuss their implications for chaplaincy practice. A study guideline for reading a research article will also be provided.

As a result of this workshop, participants will:

1. Learn how to identify the main components of a research article.
2. Learn how to identify the strengths and weaknesses of a research article.
3. Learn how to critically integrate research findings into their chaplaincy practice.

SA7 ~ Breaking the Silence, Hearing the Story: Adverse Childhood Experiences (ACEs) and Chaplaincy

Bret Reuter, MA, MDiv
Director, Mission and Spiritual Care
St. Cloud Hospital
St. Cloud, MN

Amie Schumacher, MDiv
Chaplain
St. Cloud Hospital
St. Cloud, MN

The ACE Study, which has been referred to as “the most important public health study you never heard of,” offers profound implications for pastoral ministers in healthcare and beyond. CentraCare Health - St. Cloud Hospital is embarking on a journey to understand and respond to the effects of Adverse Childhood Experiences (ACE’s). This is an endeavor which offers educational, programmatic, and systematic challenges for healthcare organizations, along with distinct opportunities for theological reflection and trauma-informed chaplaincy.

As a result of this workshop, participants will:

1. Be introduced to the ACE Study including its particular implications within healthcare.
2. Be able to articulate a framework for a “trauma-informed” response within healthcare and the broader community.
3. Be engaged in pastoral and theological reflection and dialogue related to ACE’s and trauma-informed care.

SA8 ~ Mindfulness: A Path of Renewal

Kristie J. Zahn, MA
Chaplain and Mindfulness Consultant
Wheaton Franciscan Healthcare
Racine, WI

Is it truly possible to find peace and reduce stress in our multi-tasking, digitally dependent culture? By learning how to live mindfully, by paying attention regularly and intentionally to what is happening around you and within you - in your body, heart and mind, you are able to live a more compassionate, joy filled life. Chaplains have greater awareness of what it means to live mindfully, AND are often most vulnerable to compassion fatigue. This workshop will explore why that is true, and what we can do about it.

As a result of this workshop, participants will:

1. Understand how the systematic practice of Mindfulness can help train your attention, cultivate emotional resilience, motivate you to begin a mind-body practice, and prioritize self-care.
2. Explore how Mindfulness Based Stress Reduction (MBSR) has been successfully implemented to reduce stress, increase coping skills, improve empathy for caregivers and address the effects of compassion fatigue.
3. Craft a simple yet powerful "sacred contract" with yourself to begin incorporating behaviors to live more mindfully.

SA9 ~ Stretching our Skills Beyond Hospitals Walls: Challenges and Opportunities of Outpatient Ministry

Alex Chamtcheu, MA, BCC
Staff Chaplain
Wheaton Franciscan Healthcare
Franklin, WI

Sarah Reddin
Director of Spiritual Services
Wheaton Franciscan Healthcare
Franklin, WI

This workshop presentation is meant to be a time of reflection, exploration and sharing of experiences on outpatient ministry. The presenter will explore this topic using his research and extensive experience in setting up spiritual care services in outpatient cancer care, pain clinics and other outpatient clinics.

As a result of this workshop, participants will:

1. Become familiar with opportunities and challenges of outpatient ministry.
2. Become familiar with some models of outpatient ministry.
3. Be introduced and/or enhance one's skill as an outpatient minister.
4. Explore the logistics of setting up an outpatient ministry.

SA10 ~ Manage Stress Using Your Strength

Nancy K. Cook, MDiv, MSW, BCC
Regional Director of Spiritual Care
CHRISTUS Health - SE Texas
Beaumont, TX

The topic of stress remains relatively popular despite the equally popular topic of how to abate it, or stress management. How is it that something we know pretty much about, that is, how to resolve stress, is still a topic that generates interest? This workshop will approach stress from the perspective that stress may be as unique as each person is unique and that stress may actually be induced by individuals' patterned responses. The workshop will introduce allostatic load and overload and how it is a pathway to chronic illness. The personality tool of the Enneagram will be introduced and used to discover how personality types when overused counter one's motivation and induce stress and alternatively how to achieve wellbeing through managing one's gifts.

As a result of this workshop, participants will:

1. Understand the dynamic of allostatic load and overload or the stress loop.
2. Learn the essential basics of the Enneagram Types and your individual type.
3. Learn how mismanagement of your type induces stress.

SA11 ~ Advancing Chaplain Research Literacy

George Fitchett, DMin, PhD
Professor and Director of Research
Department of Religion, Health, and Human Values, Rush University
Chicago, IL

Caterina Mako, ThM, BCC
Director of Chaplaincy
Catholic Health Services of Long Island
Newton, NJ

Kathryn Lyndes, PhD
Projector Coordinator, Transforming Chaplaincy
Rush University Medical Center
Chicago, IL

Advancing chaplain research literacy is the central aim of the Transforming Chaplaincy: Promoting Research Literacy for Improved Patient Outcomes project. This 4-year project is funded by 2 grants totaling \$4.5M from the John Templeton Foundation and is endorsed and supported by the major chaplaincy organizations including the NACC. In this workshop we will describe the 3 key components of the project: research fellowships, CPE curriculum grants, and free online research literacy courses for members of the NACC and other chaplaincy organizations. We will also introduce the first cohort of Research Fellows and describe their plans for their research education.

The aim of this workshop is to:

1. Describe current resources that will assist NACC members in completing the continuing education requirement in research.
2. Provide chaplains interested in applying for a Research Fellowship with information about the program.
3. Describe opportunities for all members of NACC to develop research literacy through the online courses that will be available through the Transforming Chaplaincy project in the coming years.

SA12 ~ Who Reads Our Progress Notes? And Really, Why Should They?

Jerry F. Kaelin, MA, MDiv, BCC
ACPE Supervisor/Chaplain
Loyola University Medical Center
Maywood, IL

“If we write them, they will read them.” Really? The demands on the time and attention of medical staffs are only increasing. How might we write something more useful than “listened, supported and prayed with patient?” How can we write so that reading our Notes impacts the quality of the care that the medical team provides to their patients? Participants will learn to write Progress Notes so that it increases the chance that they are actually read and used.

As a result of this workshop, participants will:

1. Learn a model for Spiritual Care Progress Notes that is grounded in and speaks to the medical model of Assessment / Intervention / Outcome / Plan.
2. See how this model operates in the EPIC EMR at Loyola University Medical Center.
3. Practice writing a Progress Note in this model, based on a few provided patient/family scenarios.

SA13 ~ Facilitating Advance Care Planning Conversations: Evidence-Based Practice

**Lori Kaufmann, BCC, ACPE Supervisor
CPE Manager
Gunderson Health System
La Crosse, WI**

**Danielle Rathke, DNP, RN
Advance Care Planning Coordinator
Gunderson Health System
La Crosse, WI**

How do you do advance care planning (ACP) with patients that goes beyond completing documents? How do you engage patients' values, clarify hopes and fears, and help to create a plan that serves in a crisis, dealing with a chronic illness, and directs their care at end of life? Respecting Choices, a nationally-recognized, evidenced-based ACP process will give answers to these questions, offer resources that work and engage participants in the discussion of various issues.

As a result of this workshop, participants will:

1. Explore a model of advance care planning facilitation that is evidenced-based and engages patients at important times in their lives.
2. Experience a facilitation process that assists patients in planning for health care issues in ways that are congruent with their values and beliefs.
3. Examine challenges chaplains and others encounter in providing advance care planning in the hospital setting and explore recommendations for navigating these issues.

SA14 ~ End of Life/Bereavement Support: Partners in Care

**Elizabeth A. Lenegan, PhD, BCC
Director, Pastoral Care
Roswell Park Cancer Institute
Buffalo, NY**

Healthcare professionals and chaplains are partners in care with the dying and the bereaved. Those who are dying are more than object of medical attention. They remain human beings with a wide variety of needs they experience over the course of their life - practical, emotional and spiritual as well as medical. Family members, significant others, partners and friends of the dying also are impacted as they companion their loved ones. As chaplains we are often called to minister to the health care staff along with patients and their families. This workshop will discuss the concept of illness, death and grief from the view of society, personal reflection,

eyes of the patients and families and various cultures and religious beliefs. At the end of the workshop, specific programs for all those impacted by death and bereavement will be introduced.

As a result of this workshop, participants will:

1. Be acquainted with the sociocultural aspects of grief/death.
2. Reflect on the personal aspects of death/grief.
3. Understand the aspects of loss, grief, illness, end of life.
4. Discuss the existential/spiritual challenges at end of life.
5. Understand the role of grief for families/caregivers/staff.
6. Acquire examples of cultural/religious differences.
7. Be introduced to end of life bereavement programs for patients, families and staff.

SA15 ~ Front-Porch Ministry: Chaplains Building Informal Relationships to Improve Spiritual Care and Caregiver Team Health in Long-Term Care Facilities and Programs

Hilda Lethe-Drake, MA, BCC
Chaplain, ElderPlace Gresham
Providence Health & Services
Portland, OR

Rev. John Heath, MA
Chaplain, ElderPlace Laurelhurst
Providence Health & Services
Portland, OR

Long Term Care chaplains have unique opportunities to develop relationships with residents, family and staff members over months and years. Based on this knowledge and trust built from these relationships, we can individualize and optimize spiritual care. This workshop will explore relationships between chaplains and patient/family/staff members in LTC settings, and will identify particular interventions, techniques and tools, for forming, enhancing, and utilizing effective relationships. We will examine relationships in light of maintaining good professional boundaries, which adapt to fit each situation.

As a result of this workshop, participants will:

1. Understand the importance of chaplain/patient-family and Chaplain/Staff relationships in providing effective spiritual care in Long Term Care settings.
2. Identify new approaches, tools, and interventions to enhance relationship-building.
3. Thoughtfully reflect on the mutuality required of such relationships and related professional boundary issues.

SA16 ~ Using an Interdisciplinary Team Meeting Approach to Ethics Consultation

Sarah Stockey, DHCE
Ethics Consultant
UPMC Mercy Hospital
Pittsburgh, PA

Phyllis L. Grasser, MA BCC
Vice President, Mission
UPMC Mercy Hospital
Pittsburgh, PA

Don Jansen, MD
Medical Director, Case Management
UPMC Mercy Hospital
Pittsburgh, PA

Chaplains have a unique relationship with patients/families, which is imperative to creating a care plan that upholds both the patient's values and the principles of healthcare ethics. Interdisciplinary team meetings offer the chaplain a chance to contribute to the care planning process by focusing the plan on the individual patient's values. Using a consistent process of interdisciplinary team meetings for ethics consultation allows individuals as well as the facility's community of providers to improve their skills in addressing ethics conflicts.

As a result of this workshop, participants will:

1. Enrich their understanding of preventive ethics along with the pivotal role of the chaplain/patient relationship.
2. Enhance their ability to implement an interdisciplinary team meeting approach to ethics consultation which focuses on process consistency and improved utilization of resources.
3. Understand how to improve an organization's ethics culture and quality of services by utilizing an interdisciplinary team meeting approach.

SU1 ~ Moral Distress: What Chaplains Can Do to Help Make All Things New

Rod F. Accardi, DMin, BCC
Director of Spiritual Care Resources
Northwestern Medicine - West Region
Winfield, IL

Karen Pugliese, MA, BCC
Advanced Practice Chaplain,
Northwestern Medicine - Central DuPage Hospital
Winfield, IL

Moral Distress is seen as a key factor negatively affecting healthcare providers and is gaining pervasive momentum as a topic of concern. Although multiple studies have focused on quantifying it, there is little research regarding effective interventions for reducing Moral Distress. We will present empirical evidence that chaplains, together with interdisciplinary colleagues, can have a significant role in providing supportive interventions that exhibit an improvement in the psycho-social-spiritual well-being of hospital staff.

As a result of this workshop, participants will:

1. Identify unique characteristics of Moral Distress and the psycho-social-spiritual implications for healthcare providers.
2. Gain insight into the interdisciplinary partnership of Nurse Leader, Spiritual Care, and Employee Assistance to assess, act upon and conduct research related to nurses' experience of Moral Distress.
3. Recognize the statistically significant decrease in reported Moral Distress following the implementation of a three pronged intervention over 24 months.

SU2 ~ Aligning CPE with Healthcare and Other Realities of Today's World

Sr. Barbara Brumleve, SSND, PhD, BCC-S
CPE Supervisor and Manager, CPE
St. Vincent Hospital and Health Services
Indianapolis, IN

This workshop is designed as an open seminar for those involved in CPE, chaplains interested in continuing education, and leaders to explore key topics for formative and continuing pastoral education in today's world. The interactive workshop will build on the September-October 2015 issue of Vision, realities of health care today, and Pope Francis' call to "the margins".

As a result of this workshop, participants will:

1. Build on the ideas presented in the Vision issue on CPE in today's world.
2. Share resources and best practices.
3. Take home at least two ideas for CPE, continuing education, pastoral practice, or leadership.

SU3 ~ Poetry as a Healing Ministry

Georgia Gojmerac-Leiner, DMin, BCC
Chaplain/Minister
Natick, MA

As other creative arts therapies, painting, and art for example, poetry and poem-making have been found beneficial to patients. In this workshop participants will engage in writing a poem of their own, and then learn how to facilitate writing at the bedside the words of their patients. Participants may be surprised to find that they can reflectively write poems. In the same way, their patients may be glad to see their healing springing from the page.

As a result of this workshop, participants will:

1. Gain familiarity with poetry as a cathartic, therapeutic or a healing practice.
2. Experience communally writing a poem of one's own.
3. Be able to facilitate poem-making for healing at the bedside

SU4 ~ Neuroscience and Happiness

Anne Kertz Kernion, MS, MA
Artist
Cards by Anne
Wexford, PA

What determines happiness? Current brain research shows that intentional activity determines 40% of our day-to-day happiness. Neuroscience also confirms what our religious traditions have been teaching for thousands of years: Being grateful, generous people connected to one another while nourishing our spirituality are essential characteristics of happy people. We explore the activities and dimensions of sustainable happiness and show how these can be incorporated into our daily lives.

As a result of this workshop, participants will:

1. Review the basic findings of neuroscience research on sustainable happiness.
2. Learn an array of practices that can increase our well-being and happiness.
3. Discover resources and diagnostic tools on happiness that can be shared with colleagues and patients.

SU5 ~ Is the Latest the Greatest? An Ethical and Spiritual Framework for Evaluating New Medical Interventions

M. Therese Lysaught, PhD
Professor and Associate Director, Institute of Pastoral Studies
Loyola University Chicago
Chicago, IL

Novel or experimental medical interventions—accompanied by savvy marketing campaigns—often place patients, families, and health care institutions in an ethical bind. Often accompanied by six figure price tags, serious side effects, and unclear benefits, choosing against these medical interventions does not seem to be possible. This workshop will outline a framework for identifying the ethical and spiritual dimensions of such

interventions and provide an interactive opportunity for chaplains to develop pastoral responses to such challenges.

As a result of this workshop, participants will:

1. Engage in an ethical analysis of the technological imperative surrounding new medical interventions.
2. Reflect on the theological underpinnings of this imperative.
3. Locate the imperative within the framework of Catholic social principles.

SU6 ~ Collaboration to Address Compassion Fatigue in Hospital Staff

Jim J. Manzardo, STB, BCC

Lead Chaplain

Ann & Robert H. Lurie Childrens Hospital

Chicago, IL

Sabrina Derrington, MD

Attending Physician, Pediatric Critical Care and Palliative Care

Ann & Robert H. Lurie Childrens Hospital

Chicago, IL

Kristi Thime, RN, CNML

Manager, Patient Care Operations

Ann & Robert H. Lurie Childrens Hospital

Chicago, IL

Compassion fatigue encompasses secondary trauma and burnout from constant caring for others in tragic circumstances. Chaplains are uniquely positioned to recognize and address this phenomenon in hospital staff. We describe an ongoing effort to address compassion fatigue in a large PICU using a collaborative, multidisciplinary approach, in which the chaplain played an integral, multifunctional role. Participants are encouraged to share ideas for engaging key team members in projects to build resilience and reduce compassion fatigue.

As a result of this workshop, participants will:

1. Understand risk factors for compassion fatigue and learn how to identify compassion fatigue in hospital staff.
2. Examine one hospital's interdisciplinary, collaborative process to address staff compassion fatigue in a pediatric intensive care unit (PICU).
3. Appreciate the breadth and importance of the chaplain's role and discuss potential models for similar processes.

SU7 ~ Pastoral Care in Long Term Care: The Franciscan Way

Dawn Mayer, MRE

Vice President, Mission Integration and Pastoral Care

Franciscan Ministries

Lemont, IL

Daniel T. Lunney, BCC, MTS
Director, Mission Integration and Pastoral Care
St. Joseph Village
Chicago, IL

Nancy Eberhard, MDiv
Director of Mission Integration and Pastoral Care
University Place
West Lafayette, IN

Key to the spiritual care we provide in Long Term Care is the ability to work with residents individually as their spiritual needs deepen and change during this most important time of life. This panel discussion will focus on the work of three different communities, each with its own unique challenges and opportunities, using the principles developed within Franciscan Ministries.

As a result of this workshop, participants will:

1. Understand the principles of a holistic pastoral care department in long term care in individual service sites as well as a system.
2. Receive a template to assist in identifying indicators for pastoral care effectiveness.
3. Receive practical suggestions and program ideas to enhance spiritual care departments in long term care.

SU8 ~ Demonstrating the Benefits of Spiritual Care Volunteers: Bon Secours Richmond as a Case Study

Rev. Bob Shenk, MDiv
Lead Chaplain for Projects and Research
Bon Secours Richmond Health System
N. Chesterfield, VA

Chaplain Bob Shenk will present on the success of the Bon Secours Richmond Spiritual Care Partners Program, demonstrating the advantages of utilizing thoroughly trained and highly-functioning spiritual care volunteers in support of Board Certified Chaplains. This workshop will show how effective partnership with spiritual care volunteers benefits patients, enhances the work of pastoral care departments, advances the field of professional chaplaincy, and fosters the volunteers' own spiritual formation.

As a result of this workshop, participants will:

1. Learn how a spiritual care volunteer program can benefit patients and the volunteers themselves.
2. Learn how spiritual care volunteers have increased the productivity and expanded the reach of the Bon Secours Richmond Pastoral Care Department.
3. Learn how Board Certified Chaplains play a critical role in the success of such a program and how such a program advances the field of Professional Chaplaincy.