Genesis 33:17-20 - Jacob Wrestles With An Angel

Some dreams in scripture:

"O God, my God, the night has revealed the day has never dreamed of." — Thomas Hymon

leading us to a place where we begin to live on a deeper level — Hadden

steer's treacherous, failure, the dark night of the soul. The dream can be our guide through this maze

Dreams are particularly meaningful to those in the second half of life who have experienced death and

Gnostic beliefs that we came from the dream world at birth and return to the dream world after

"After the enlightenment, people no longer believed that dreams were real.

Rachel Held Evans in his book, "The 72 Names of God" says that one of the names of God is "Dreamer.

Eastern Christianity, which keeps the Greek translation of the Bible, still honors dreams.

Soon after the third century, people were discouraged by the Western Church from taking their dreams

uninterpreted.

Rachel Hinda, 19th century Babylonian, said that a dream uninterpreted is like a letter from God

Dutch Christian theologians from the third century believed that dreams were sent by God.

Ancient Hebrews and early Christians believed that one of the primary ways that God speaks to God's

"We are the stuff of dreams are made of." — Shakespeare

The Rev. Robert Haden, Jr.
The process of individuation (the journey) – Growth toward wholeness through becoming

Aware of parts of the psyche previously unknown (unconscious content)

Of symbols and divine communication

Collective unconscious: inherited beliefs and understandings throughout humanity – the place

Personal unconscious: unknown feelings, attitudes and beliefs, includes the shadow

Identity formed early in life

The face we put on for the world

Layers of the psyche

Thought, behavior, and personality

Between opposing qualities within seeking wholeness – Forces in an individual that influence

Jung’s concept of the psyche: a self-regulating system which strives to maintain a balance

The American eagle is a symbol of freedom for many people.

Dreams contain many symbols (a thing that stands for an idea).

Dreams come to us in the language of metaphor (a figure of speech that describes a subject

Dream of the flame: Joyce Lockwood Hudson, Nathaniel S. Sullivan

“EVERYTHING in the dream is a symbol of aspects of personality, attitudes, situations, experiences

Spells only of important and serious matters: C.G. Jung

Spells in apparent quite ordinary dream is in the highest degree significant and that in reality it

In apparent quite ordinary dream is in the highest degree significant and that in reality it

Meaning we find ourselves deep in the dream’s secrets and discover with astonishment that

In the analytical interpretation of dreams through Freud’s work, we can seriously set about

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The dream is often occupied with apparently very silly details, thus producing an appearance

Dreanwork is based on the writings of Carl Gustav Jung, analytical psychologist and colleague

Important concepts for dreamwork
archetypes in the unconscious.

Fairy tales, Greek gods and goddesses are images of archetypal aspects of life. We find
archetype – theme that drives and shapes our lives. It is depicted most clearly in myths and

The Shadow - the archetype that represents the parts of ourselves that we repressed during our

time of ego formation.

represented by the shadow archetype give rise to projection.

them to persons in the outside world. Jung believed that unacceptable parts of the personality

in which a person unconsciously rejects his or her own unacceptable attributes by ascribing

Projective dreamwork is about withdrawing the projection. Projection is a defense mechanism.
Jeremy Taylor

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Dissections of dream work

All dream groups participants should agree at the outset to maintain anonymity in all

No dreams come just to tell you what you consciously already know.

There is no such thing as a dream with only one meaning.

Only the dreamer can say with any certainty what meanings his or her dream may have.

All dreams speak a universal language and come in the service of health and wholeness.

Six Basic Themes

Terri Keraso available in Spanish, Korean, Chinese and Hebrew.

The Basic Dream Work Tool Kit
When things get difficult, learn to wonder.

Congress more creative ways of listening and nurturing community.

Be open to new discoveries. A spirit of discovery helps us reconnect with our passions and

Create a safe space by responding the considered nature and

Hearing silence. Silence is a rare gift in our busy world. After someone has spoken, take

Respect your truth. You are invited to say what is in your heart, trusting that your voice will

spread your wisdom. By becoming aware of our assumptions, we can open the channel to greater

our worldviews. By becoming aware of our assumptions, we can open the channel to greater

Identity assumptions. Our assumptions are usually transparent to us, yet they underpin

Reframe, you can listen to the other more fully.

Suspend judgment. Set aside your judgments. By creating a space between judgments and

We are not here to see someone else straight, or to help right another's wrong.

No listening. Each of us is here to discover our own truths, to listen to our own inner teacher.

to participate.

It is never „share or die“ „you will be invited to share in pairs, small groups, and in the

Human beings are not always to others. I listen to your words, as well as to others.

Listening deeply. Listen intently to what is said: listen to feelings behind the words. As

Welcome others to this place and presume that you are welcome too.

Be 100% present. Set aside the usual distractions of things undone from yesterday, things

Touchstones for Circles of Trust