Honoring the Gift: The Art of Listening for God

National Association of Catholic Chaplains
Pre-Conference Day of Reflection
March 5, 2015

Facilitator Information

Kathy Quinn Anderson has over fifteen years of experience as a retreat and workshop leader and planner. She completed the Leading Contemplative Prayer Groups and Retreat Program at The Shalem Institute for Spiritual Formation in Washington, DC in 2011. She has facilitated contemplative prayer retreats and workshops at the Bon Secours Retreat and Conference Center, Shrine Mont Retreat Center and many churches in the northern Virginia area. She currently leads a weekly centering prayer group at St. Francis Episcopal Church in Great Falls, Virginia. She is a Dale Carnegie Graduate and Stephen Leader. Kathy holds a degree in Institutional Management from the University of New Hampshire. She has two grown children and currently resides in Reston, Virginia with her husband, Dana, of 35 years.

Susan Flynn Boruff is a certified Spiritual Director, retreat guide and meditation practitioner of 17 years. She completed the Spiritual Guidance Program at the Shalem Institute for Spiritual Formation in Washington, DC in 2006. She has facilitated contemplative prayer retreats and workshops at the Bon Secours Retreat and Conference Center, Shrine Mont Retreat Center and many churches in the northern VA area. Susan has completed training in Bio-Spiritual Focusing Therapy, Stephen Ministry and studied with a Zen Buddhist for two years in Paris, France. Susan holds a Masters in Speech-Language Pathology from the University of South Carolina. She currently is a hospice volunteer for Mercy Care in Myrtle Beach, SC where she resides with her husband, Brian, of 27 years. She has two grown daughters.

Kathy and Susan are the co-founders of Take Twelve Today, a prayer movement that guides Christians in the art of listening for God in silence and teaches how meditation can change the wiring in our brain. Take Twelve Today has recently produced their first meditation CD, “Connecting with God: 12 Minute Christian Meditations that Will Change Your Life and Brain.”