Faith Imagination Prayer Days

"Faith Imagination is a way of praying in which we specifically invite God to enter into our experience in a way that we can perceive God’s work in us. We do this in the faith that God wants to meet us at our growing edge, or where we are most vulnerable, hurting or scared. We invite God to work within our capacity for imagination so that we may see, hear, sense, or know how God wants to heal in this instance. Faith imagination can take the form of inviting Jesus (or some other manifestation of God’s presence) to be with us in a painful or traumatic memory or in our physical pain. We can invite God to come to us while we ask an important question or tell about our feelings. Or, we can invite God simply to stay with us as we rest in God’s presence.” (Consenting to Grace: An Introduction to Gestalt Pastoral Care, by Tilda Norberg)

Through Faith Imagination, people are changed, they make progress, and can be healed.

http://www.gestaltpastoralcare.org