Here is a description I use in a workbook I have written (not published):

"Christ Centered Family Reconstruction is a merging of two healing traditions: Family Reconstruction and Christ-centered healing. Through the use of family sculpting and healing prayer it seeks to uncover and then heal the deeply rooted bondages from generations of wounding and sin. It is an active and dynamic process, one that must be experienced firsthand to be fully understood and appreciated.

Family Reconstruction is a therapeutic method developed in the field of Family Therapy. Virginia Satir, one of the founders and major contributors in the field of Family Therapy, is credited with developing this method. Over the years a number of Satir's students have popularized the process. A book by Bill Nerin (1986) describes the method in some detail.

Christ Centered healing is the second tradition upon which Christ Centered Family Reconstruction is based. The method incorporates traditional practices of the Christian faith including many forms of prayer, scripture, reconciliation, and the unconditional love of God mediated through Jesus Christ and manifested in our lives by the Holy Spirit."

As you are looking at this whole area and tying in reconciliation as theme- you might want to look at Pope John Paul II’s prayers for the Church in "Identification Repentance" in his writings preparing for the year 2000.

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