Identifying the results of your full-circle spiritual care and what the two of you have accomplished.

What’s Next?
Chart persons assessment and outcome.

Spiritual Outcomes
Identifying the results of your full-circle spiritual care and what the two of you have accomplished.

Spiritual Intervention
Assisting the person in choosing, from their perspective, an appropriate “next step” supporting their needs/desires/resources.

Spiritual Care Plan
With the person’s “consent,” develop a plan of care. (Spiritual & religious support; Ethics, advocacy & referral support; Change, adjustment & loss support; Emotional support, and Leadership & advocacy)

Spiritual Assessment
Assessing the person’s needs, desires & resources within the context of Meaning, Hope, Relationship/community and Holy.

Empathy
Bringing empathy and understanding to the situation. Withholding judgment. Being self-aware and reacting appropriately. Bringing a compassionate objectivity for both the individual/family and the care givers.

Feelings & Emotions
Identifying the persons emotions and feelings. Using your understanding of the situation, story and empathy to enable the person to begin identifying, naming and accepting their feelings and emotions.

Story Listening
Focus, follow, and ask open questions around the person’s story. Explore the content and emotions presented. Revealing, sharing and expressing empathy.

Engaging
Finding a relational way to connect with the patient, family member or associate. Two-way engagement with an awareness of what I bring to the relationship. Engaged/active listening.

Being Present
Attend to the person’s needs, rather than only our own thoughts, feelings, or our need to help/minister/fix.

Showing Up
Determine need and timing of visit. What is the person’s need? Self-Awareness of what I bring to the situation.

Special thanks to Steve Gomes for the stair step concept and initial categories.