

Our gift to you

Prayers of Comfort and Healing

For A Healthier Tomorrow

Great Spirit,

Thank you for another day in which I can
spread my wings like the eagle,
Gathering wisdom and strength to make life's
changes for a healthier tomorrow.
Through working the body and taking time to
enjoy each other and passing time.

Great Spirit,

We thank you for your blessings that have
provided healthy foods to nourish our bodies.
May we learn to appreciate and not take for
granted all that we now know to make us
healthier.
May we be open to accept change that will
benefit not only ourselves, but our children
as well.

Great Spirit,

Thank you for the sweet rewards that come from
the soil that we work with our hands.
May the rewards be plentiful as our families
grow healthier, to live longer and healthier
lives.

Great Spirit,

Thank you for our family and friends.
May we continue to grow as one community
for a healthier tomorrow,
Through supporting and sharing in time of
need and joy.

Great Spirit,

And thank you for each and every day that we
can enjoy the blessing that you have given
to us.

Georgia Perez

Healing Presence

Dear God,

When our lives are interrupted by the unexpected, we turn our thoughts toward you.

When our health is less than perfect, we turn our hope toward you.

And if our hope waivers, we choose to trust in you.

Lord, you have walked before us through the Dark Night.

Enlighten our path with healing—physical, emotional, and spiritual.

Today embrace us with your grace, your wisdom and your healing presence of Love.

Amen.

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Gates of the Home

“In sickness I turn to You, O God, as a child turns to a parent for comfort and help.

Strengthen within me the wondrous power of healing that You have implanted in Your children. Guide my doctors and nurses that they may speed my recovery. Let the knowledge of Your love comfort my dear ones, lighten their burdens, and renew their faith.

May my sickness not weaken my faith in You, nor diminish my love for other human beings. From my illness may I gain a truer appreciation of life's gifts, a deeper awareness of life's blessings, and a fuller sympathy for all who are in pain.

Baruch ata, Adonai, rofei hacholim.

Blessed is the Lord, the Source of healing.

Amen.

From the prayer book “Gates of the Home” by the Central Conference of American Rabbis, 1976



St. Vincent Healthcare