

*We know how difficult it is when a loved one passes away. This information is provided as “good help” through your first few hours and days after you leave Bon Secours Baltimore Hospital.*

*We’re with you in our thoughts and prayers because we understand, but most of all because we care.*

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*“Oh taste and see that the Lord is good; blessed is the one who trusts in him.”*

*Psalm 34:8*

## **Important Phone Numbers**

We are here to provide “good help” to you during this difficult time. Please call us if we can be of assistance.

### **Hospital Main Number**

410-362-3000

### **Pastoral Care / Chaplain**

410-362-3088

### **Emergency Department**

410-362-3075

### **Case Management**

### **Social Services**

410-362-3036

### **Health Information Management**

### **Medical Records**

410-362-3044

### **Bereavement Support Group**

Bon Secours Baltimore Health System

Urban Medical Institute

410-383-4029



BON SECOURS BALTIMORE HEALTH SYSTEM

Pastoral Care Department  
(410) 362-3000 ext. 3088

# **When a loved one passes away**



*Dealing with emotional and financial aspects of your loss*



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## *When you arrive home*

The death of a loved one can leave you with many different feelings. You may feel numb or tearful, exhausted or anxious. All of these feelings are normal and you may experience them at different times. During this time of loss, it is important to take care of yourself. If you take medicine regularly, be sure to take as it is prescribed.

Some people find it helpful to assign tasks to various family members so that one person is not responsible for everything. The information contained within may assist you and your family with things to do after losing a loved one.

- Call other family members, close friends and your minister/priest/rabbi, if appropriate.
- Discuss choice of a funeral home with close family members. Your decision must be made within 72 hours of the death.
- After choosing a funeral home, call and tell them that you would like to handle the funeral arrangements for your deceased loved one. The funeral home will assist you with the funeral arrangements, including choice of church or other religious services.



## *Items for the funeral home*

Take the following information and items with you when you meet with the funeral director:

- Full Name of the deceased, including maiden name and nicknames, as appropriate.
- Date and place of birth.
- Social Security Card or proof of number.
- Give some thought to the clothing for the deceased, and bring the clothes with you.
- Occupation and name of employer.
- If the deceased was a veteran, proof of military service.
- Names of survivors and their relationship to deceased.
- Names of the deceased's parents, including mother's maiden name.
- List of church, professional and social affiliations, such as clubs and service organizations.
- If you want to have memorial donations made to a charity, provide the organization's full name and address.



## *After arrangements are made*

- Notify the employer of the deceased. Family members who will be taking leave should also call their employer.
- If children will be absent from school, notify their principal.
- Once you have copies of the death certificate, call the appropriate life and health insurance companies.
- Call the local Social Security and Veterans Administration offices if you are eligible to receive benefits

### **Social Security**

1-800-772-1213

### **Veterans Administration**

1-800-827-1000

- Call banks and creditors.
- Contact your attorney to direct you further about financial matters.

